Great Prokeimena in the Great Fast

At Vespers on the Sunday of Cheesefare, and on the 2nd and 4th Sundays:

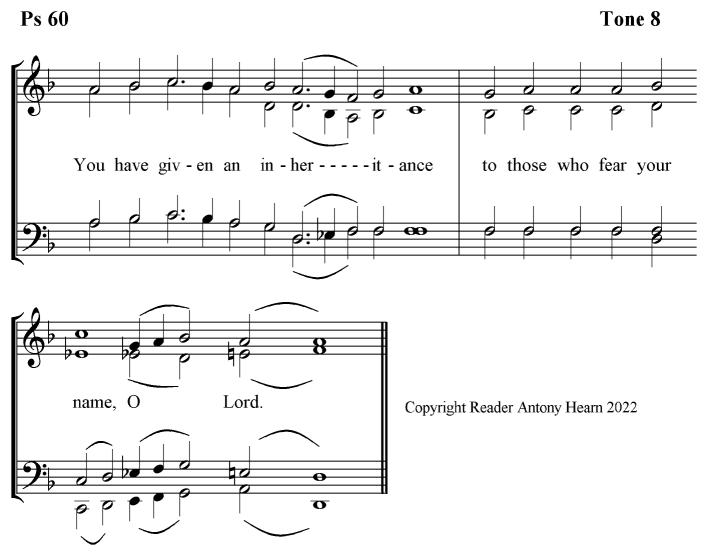


Verse 1: Let your salvation help me, O God.

- Verse 2: Let the poor see and rejoice.
- Verse 3: Seek God and your soul will live.

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At Vespers on the 1st, 3rd and 5th Sundays



Verse 1: From the ends of the earth I have cried to you.

- Verse 2: I shall take shelter under the shadow of your wings.
- Verse 3: So I shall sing to your name for ever.