# HOLY AND GREAT THURSDAY MATTINS

*Priest:* Blessed is our God, always, now and for ever, and to the ages of ages.

*Reader:* Amen. Glory to you, our God, glory to you.

Heavenly King, Paraclete, Spirit of truth, present everywhere, filling all things, Treasury of blessings and Giver of life, come and dwell in us, cleanse us from every stain, and, O Good One, save our souls.

Holy God, Holy Strong, Holy Immortal, have mercy on us. Holy God, Holy Strong, Holy Immortal, have mercy on us. Holy God, Holy Strong, Holy Immortal, have mercy on us.

Glory to the Father, and to the Son, and to the Holy Spirit. Both now and for ever, and to the ages of ages. Amen.

All-Holy Trinity, have mercy on us. Lord, cleanse us from our sins.

Lord, cleanse us from our sins

Master, pardon our iniquities.

Holy One, visit and heal our infirmities, for your name's sake.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Glory to the Father, and to the Son, and to the Holy Spirit. Both now and for ever, and to the ages of ages. Amen.

Our Father in heaven, may your name be hallowed. Your kingdom come; your will be done on earth as in heaven. Give us today our daily bread, and forgive us our debts, as we forgive our debtors. And do not lead us into temptation, but deliver us from the evil one.

*Priest:* For yours is the kingdom, the power, and the glory, of the Father, the Son, and the Holy Spirit, now, and for ever, and to the ages of ages.

*Reader:* Amen. Lord, have mercy (*twelve times*).

Glory to the Father, and to the Son, and to the Holy Spirit. Both now and for ever, and to the ages of ages. Amen.

Come, let us worship the King, our God.

Come, let us worship and fall down before Christ, the King, our God.

Come, let us worship and fall down before Christ Himself, the King and our God.

#### HOLY THURSDAY MATTINS

#### Psalm 19:

May the Lord hear you in the day of trouble; may the name of the God of Jacob shield you. May he send you his help from the holy place, and support you from Zion. May he remember your every sacrifice, and accept with favour your whole burnt offering. May the Lord give you your heart's desire, and fulfil your every purpose. We shall rejoice in your salvation, and be magnified in the name of the Lord our God. May the Lord fulfil all your petitions. Now I know that the Lord has saved His Anointed. He will hear him from his holy heaven, in mighty acts is the salvation of his right hand. Some put their trust in chariots and some in horses, but we will call on the name of the Lord our God. They were fettered and fell, but we have risen and been set upright. Lord, save the king, and hear us on the day we call upon you.

### Psalm 20:

The king will rejoice in your power, O Lord, he will exult exceedingly in You gave him his heart's desire; you did not deny him the your salvation. request of his lips. For you came to meet him with blessings of goodness; you placed a crown of precious stones upon his head. He asked you for life, and you gave him length of days for age on age. Great is his glory because of your salvation; you will place on him glory and majesty. For you will give him blessing for age on age, and make him glad with the joy of your countenance. For the king puts his hope in the Lord; and through the mercy of the Most High he shall not be shaken. May your hand light upon all your enemies; and your right hand find out all who hate you. You will make them like a blazing oven at the time of your presence. The Lord will confound them in his wrath and fire You will destroy their offspring from the earth; and their will devour them. seed from among the children of men. Because they intended evils against you, and devised plans, by which they can in no way succeed. For you will put them to flight; among your remnants you will prepare their presence. Be exalted, O Lord, in your power; we will sing and praise your mighty acts.

Glory to the Father, and to the Son, and to the Holy Spirit. Both now and for ever, and to the ages of ages. Amen.

Holy God, Holy Strong, Holy Immortal, have mercy on us. Holy God, Holy Strong, Holy Immortal, have mercy on us. Holy God, Holy Strong, Holy Immortal, have mercy on us.

Glory to the Father, and to the Son, and to the Holy Spirit. Both now and for ever, and to the ages of ages. Amen.

All-holy Trinity, have mercy on us.

Lord, cleanse us from our sins.

Master, pardon our iniquities.

Holy One, visit and heal our infirmities, for your name's sake.

Glory to the Father, and to the Son, and to the Holy Spirit. Both now and for ever, and to the ages of ages. Amen

Our Father in heaven, may your name be hallowed. Your kingdom come; your will be done on earth as in heaven. Give us today our daily bread, and forgive us our debts, as we forgive our debtors. And do not lead us into temptation, but deliver us from the evil one.

*Priest:* For yours is the kingdom, the power, and the glory, of the Father, the Son, and the Holy Spirit, now, and for ever, and to the ages of ages.

*Reader:* Amen.

Lord, save your people, and bless your inheritance, granting to faithful Christians victory over their enemies, and protecting your commonwealth by your Cross.

Glory to the Father, and to the Son, and to the Holy Spirit.

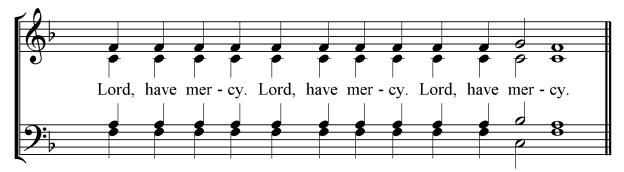
Lifted up on the Cross of your own will, to the new commonwealth called by your name grant your mercies, Christ God; make your faithful people glad by your power, granting them victories over their enemies; may they have your help in battle, a weapon of peace, an invincible trophy.

Both now and for ever, and to the ages of ages. Amen.

Dread Champion that cannot be put to shame, do not despise our petitions, O Good One. All-praised Mother of God, establish the commonwealth of the Orthodox, save your people and give them victory from heaven, for you gave birth to God, O only blessed one.

*Priest:* Have mercy on us, O God, according to your great mercy, we pray you, hear and have mercy.

People:



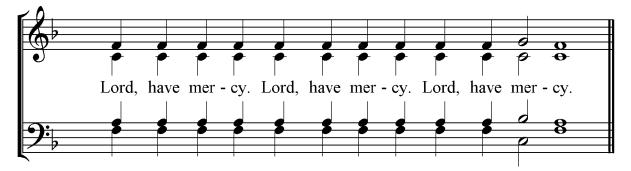
*Priest:* Also we pray for our great lord and father, his all-holiness the Ecumenical Patriarch *N*., for our Most Reverend Metropolitan (*or* Archbishop *or* our Right Reverend Bishop) *N*., and for all our brethren in Christ.

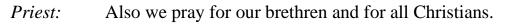
People:



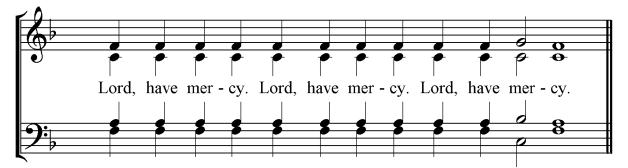
*Priest:* Also we pray for our Sovereign Lady Queen Elizabeth, the Royal Family, her Government and all in authority.

People:



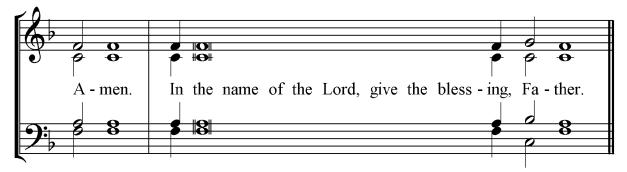


People:



*Exclamation:* For you are a merciful God, and you love mankind, and to you we give glory, to the Father, the Son, and the Holy Spirit, now and for ever, and to the ages of ages.

People:



*Priest:* Glory to the holy, consubstantial, life-giving and undivided Trinity, always, now and for ever, and to the ages of ages.

People:



And we begin the Six Psalms, listening with complete silence and compunction.

# The designated brother with devotion and fear of God says:

Glory to God in the highest, and peace on earth, goodwill among men. *(Three times)* Lord, you will open my lips: and my mouth will proclaim your praise. *(Twice) Psalm 3.* 

Lord, why have those who afflict me been multiplied? Many rise up against me. Many say to my soul: "There is no salvation for him in his God." But you, Lord, are my helper, my glory, and the one who lifts up my head. I cried to the Lord with my voice, and he heard me from his holy mountain. I lay down and slept; I have been roused, because the Lord will protect me. I shall not be afraid of tens of thousands of people who attack me from every side. Arise, Lord; save me, my God: because you have struck all who are vainly my foes, you have smashed the teeth of sinners. Salvation is the Lord's, and your blessing is upon your people.

I lay down and slept; I have been roused, because the Lord will protect me.

## Psalm 37.

Lord, do not rebuke me in your anger, nor chasten me in your wrath. For your arrows have been stuck fast in me; and you have laid a heavy hand upon me. There is no healing in my flesh on account of your wrath; nor peace in my bones on account of my sins. My iniquities have flooded over my head: like a heavy burden they have weighed heavily upon me. My wounds stank and festered on account of my foolishness. I was wretched and utterly bowed down; I went mourning all the day long. For my loins were filled with mockings, and there is no healing in my flesh. I was maltreated and humiliated exceedingly; I roared out from the groaning of my heart. Lord, all my desire is before you, and my groaning is not hidden from you. My heart was in tumult, my strength failed me, and even the light of my eyes had gone from me. My friends and my neighbours drew near and stood against me, and those nearest me stood far away. Those who sought my life struck at me; and those who sought my hurt spoke vanities, and meditated trickeries all day long. But I, like a deaf man, heard nothing; like one that is dumb, who does not open his So I have become as one who cannot hear, in whose mouth there are no mouth. For in you, Lord, I have hoped. You will answer me, O Lord my God. rebukes. For I said: "Let my foes never exult over me." When my foot slipped they crowed over me. For I am ready for blows and my pain is with me continually. But I will declare my wickedness, and be filled with sorrow at my sin. But my enemies live and prevail over me; and those who hate me unjustly are multiplied. Those who repay evil for good have slandered me, since I pursue goodness. Forsake me not, O Lord my God, go not far from me. Hasten to help me, O Lord of my salvation.

Forsake me not, O Lord my God, go not far from me.

Hasten to help me, O Lord of my salvation.

### Psalm 62.

O God, my God, early will I seek you; my soul has thirsted for you, my flesh how often in a desert and trackless and waterless land. So it was when I appeared before you in the holy place, to see your power and your glory. For your mercy is better than life; my lips shall praise you. So I will bless you as long as I live; and in your name I will lift up my hands. Let my soul be filled with marrow and fatness; my mouth will praise you with joyful lips. When I remembered you upon my bed, at dawn I meditated upon you, because you have become my helper, and I shall rejoice in the shelter of your wings. My soul has clung to you; and your right hand has upheld me. Those who vainly sought my life shall go to the deepest parts of the earth, they shall be delivered to the power of the sword, they shall be portions for foxes. But the king will rejoice in God; all who swear by him will be praised; for the mouths of those who speak iniquities have been stopped.

At dawn I meditated upon you; because you have become my helper, and I shall rejoice in the shelter of your wings.

My soul has clung to you; and your right hand has upheld me.

Glory to the Father, and to the Son, and to the Holy Spirit. Both now and for ever, and to the ages of ages. Amen.

# (Without bows:)

Alleluia, alleluia, alleluia.Glory to you, O God.Alleluia, alleluia, alleluia.Glory to you, O God.Alleluia, alleluia, alleluia.Glory to you, O God.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Glory to the Father, and to the Son, and to the Holy Spirit. Both now and for ever, and to the ages of ages. Amen.

### Psalm 87.

Lord God of my salvation, I have cried by day; and by night also before you. Let my prayer come into your presence; and turn your ear to my supplication. For my soul was filled with evils; and my life has drawn near to Hell. I was reckoned among those that go down to the Pit; I became as one that has no help, free among the dead, like the slain that sleep in the tomb, whom you remembered no more, and they were cut off from your power. They placed me in the lowest Pit, in darkness and in the shadow of death. Your wrath lay heavy upon me; and you brought all your waves against me. You put my friends far from me, and made me an abomination to them. I was handed over and did not escape. My eyes grew weak because of my misery. I cried to you, Lord, all the day; I stretched out my hands towards you. Will you work wonders for the dead; or will physicians raise them up again to praise you? Will anyone declare your mercy in the tomb; or your truth in the place of destruction? Will your wonders be known in the dark; or your righteousness in the land that has been forgotten? But to you, Lord, I have cried; and in the morning my prayer shall come before you. Why have you rejected my soul, Lord; why do you turn away your face from me? I am poor and in toils since my youth; exalted, I was humbled and brought to despair. Your fierce anger overwhelmed me, and your terrors appalled me. They surrounded me like water all day long; they closed in upon me from every side. Friend and neighbour you have put far from me; and my companions because of my misery.

Lord God of my salvation, I have cried by day; and by night also before you. Let my prayer come into your presence; and turn your ear to my supplication.

#### Psalm 102.

Bless the Lord, O my soul, and all that is within me, bless his holy name. Bless the Lord, O my soul, and forget none of his benefits. Who forgives all your iniquities: who heals all your diseases; who redeems your life from corruption; who crowns you with mercy and compassion; who satisfies your desire with good things; your youth will be renewed like an eagle's. The Lord performs deeds of mercy; and judgement for all who are oppressed. He made known his ways to Moses; his wishes to the children of Israel. The Lord is compassionate and merciful; slow to anger and full of mercy. He will not always be wrathful, nor will he be enraged for ever. He has not dealt with us according to our iniquities, nor rewarded us according For like the height of heaven above the earth, the Lord has made his to our sins. mercy prevail over those that fear him. As far as the east is from the west, so far has he taken our sins from us. As a father takes pity on his children, the Lord has taken pity on those that fear him. For he knows of what we are made; he has remembered that we are but dust. As for man, his days are but as grass; he will flourish like a flower of the field. For when a wind has passed over it, it will be no more, and will know its place no longer. But the mercy of the Lord is for ever and ever upon those that fear him. And his justice is upon their children's children; upon those that keep his covenant, and remember his commandments to do them. The Lord has prepared his throne in heaven; and his kingdom rules over all. Bless the Lord, all you his angels, powerful in strength, who perform his word, and listen to the voice of his words. Bless the Lord, all you his Powers, his ministers who do His will. Bless the Lord, all you his works, in every place of His dominion: bless the Lord, O my soul!

In every place of his dominion: bless the Lord, O my soul!

### Psalm 142.

Lord, hear my prayer; in your truth give ear to my supplication, and in your righteousness hear me. Do not enter into judgement with your servant, for in your sight no one living can be justified. For the enemy pursued my soul, humbled my life to the ground. Made me dwell in darkness, like those for ever dead. My spirit grew despondent within me and my heart within me was troubled. I remembered days of old, I meditated on all your works: I made the works of your hands my meditation. I stretched out my hands towards you; my soul thirsted for you like a

waterless land. Hear me swiftly, O Lord, my spirit has failed. Do not turn your face from me, or I shall be like those who go down to the Pit. Make me hear of your mercy in the morning, for I have hoped in you. Make known to me, O Lord, the way in which I should walk, for to you I have lifted up my soul. Deliver me from my enemies, Lord: I have run to you for shelter. Teach me to do your will, for you are my God. Your good Spirit will guide me in an upright land. For your name's sake, O Lord, you will give me life. In your righteousness, you will bring my soul out of trouble, in your mercy slay my enemies, and destroy all those that afflict my soul, for I am your servant.

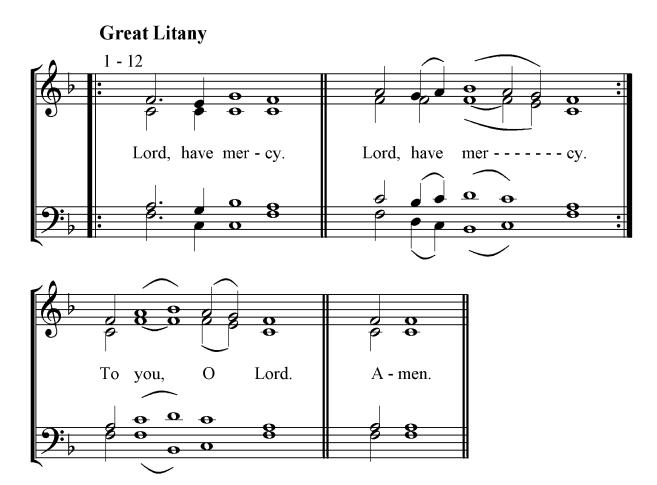
In your righteousness hear me, O Lord, and do not enter into judgement with your servant.

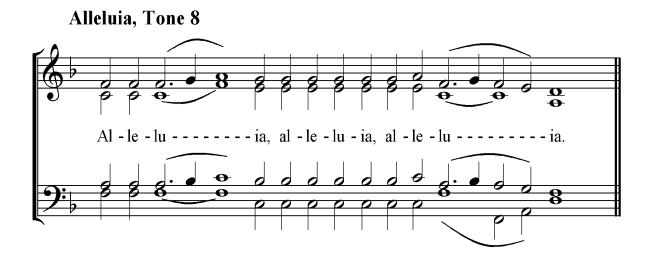
In your righteousness hear me, O Lord, and do not enter into judgement with your servant.

Your good Spirit will guide me in an upright land.

Glory to the Father, and to the Son, and to the Holy Spirit. Both now and for ever, and to the ages of ages. Amen.

Alleluia, alleluia, alleluia.Glory to you, O God.Alleluia, alleluia, alleluia.Glory to you, O God.Alleluia, alleluia, alleluia.Glory to you, O God.





Verses (said by the Deacon or Priest):

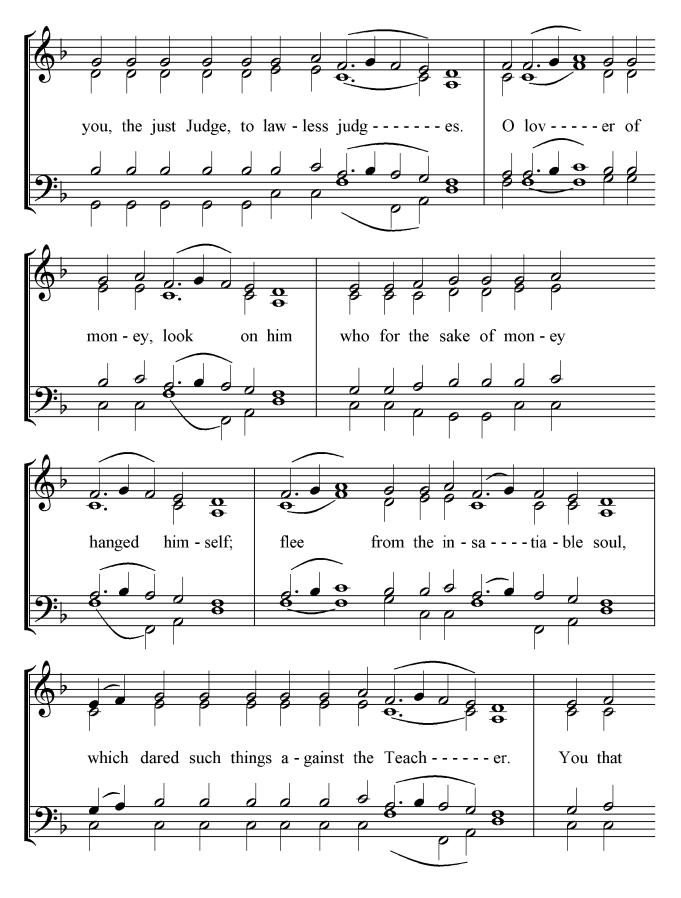
*Verse 1:* From nightfall my spirit is awake for you, O God; for your commands are light upon the earth.

*Verse 2:* Learn righteousness, inhabitants of the earth.

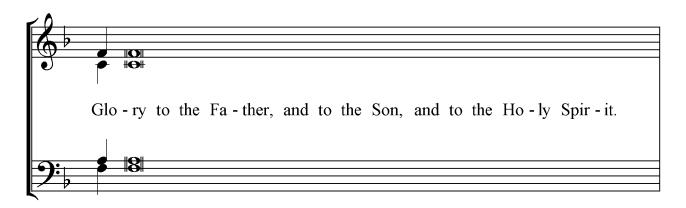
*Verse 3:* Jealousy will seize an untaught people; and now fire devours their adversaries.

*Verse 4:* Bring evils upon them, O Lord, bring evils upon them: the glorious ones of the earth.

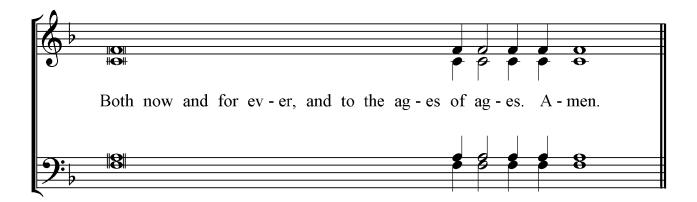






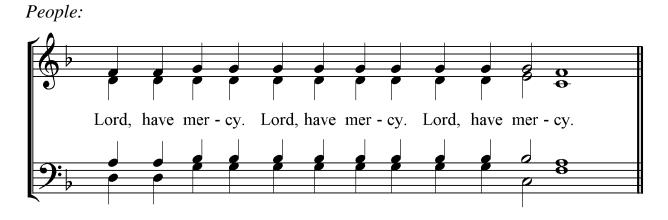


**Repeat Troparion.** 



**Repeat Troparion.** 

*Deacon:* And that he will count us worthy to hear the holy Gospel, let us pray to the Lord God.



Deacon: Wisdom. Stand upright. Let us listen to the holy Gospel.

*Priest:* Peace to all.

People:



*Priest:* The reading is from the holy Gospel according to Luke.

People:



Deacon: Let us attend. And the Priest reads the Mattins Gospel. After the Gospel: People:



### Then Psalm 50:

Have mercy on me, O God, according to your great mercy; according to the fullness of your compassion blot out my offence. Wash me thoroughly from my wickedness, and cleanse me from my sin. For I acknowledge my wickedness, and my sin is ever before me. Against you only have I sinned and done what is evil in your sight; that you may be justified in your words, and win when you are judged. For see, in wickedness I was conceived; and in sin my mother bore me. For see. you have loved truth, you have shown me the hidden and secret things of your You will sprinkle me with hyssop and I shall be cleansed; you will wash wisdom. me, and I shall be made whiter than snow. You will make me hear of joy and gladness: the bones which have been humbled will rejoice. Turn away your face from my sins, and blot out all my iniquities. Create a clean heart in me, O God, and renew a right Spirit within me. Do not cast me out from your presence; and do not take your Holy Spirit from me. Give me back the joy of your salvation; and establish me with your sovereign Spirit. I will teach transgressors your ways; and sinners will turn to you again. O God, the God of my salvation, deliver me from bloodshed; and my tongue will rejoice at your righteousness. O Lord, you will open my lips, and my mouth will proclaim your praise. For if you had wanted sacrifice, I would have given it; you will not take pleasure in burnt offerings. A sacrifice to God is a broken spirit; a broken and a humbled heart God will not despise. Do good to Zion, Lord, in your good pleasure, and let the walls of Jerusalem be rebuilt. Then you will be pleased with a sacrifice of righteousness, oblation and whole burnt offerings. Then they will offer calves upon your altar.

Then the Canon, Tone 6.





Glory to you, our God, glory to you.

The cause of all and source of life, the infinite Wisdom of God, has built himself a house from a pure mother who did not know a man; for putting on the temple of his body Christ our God has been greatly glorified.

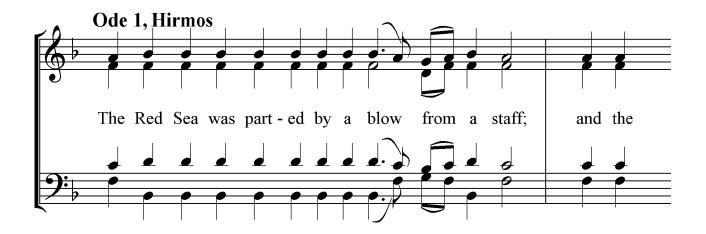
Glory to you, our God, glory to you.

Instructing his friends in the mysteries, the true Wisdom of God prepares a table to nourish souls, mixes the bowl of immortality for believers. Let us draw near with reverence and let us cry, 'Christ our God has been greatly glorified'.

Glory to the Father, and to the Son, and to the Holy Spirit.

Both now and for ever, and to the ages of ages. Amen.

All we believers, let us listen as with loud proclamation the uncreated, natural Wisdom of God invites us, for he cries, "Taste and know that I am good. Shout aloud, 'Christ our God has been greatly glorified.' "









The Troparia:

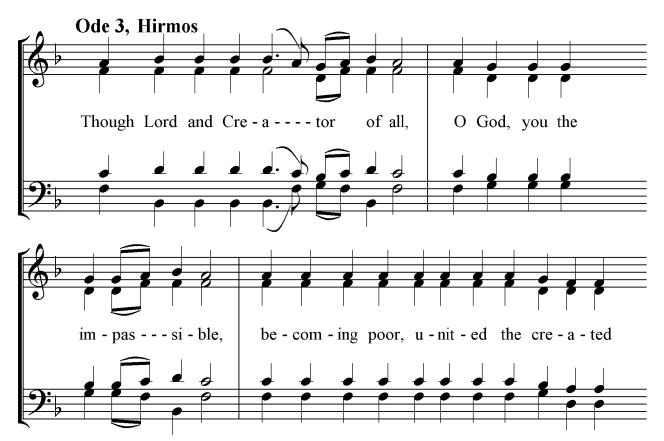
Glory to you, our God, glory to you.

Filling your own cup of gladness, pledge of all the mortal race, you gave it to your disciples to drink, O loving Lord; for you offer yourself in sacrifice, crying, 'Drink my blood, and you will be established in faith'.

Glory to the Father, and to the Son, and to the Holy Spirit.

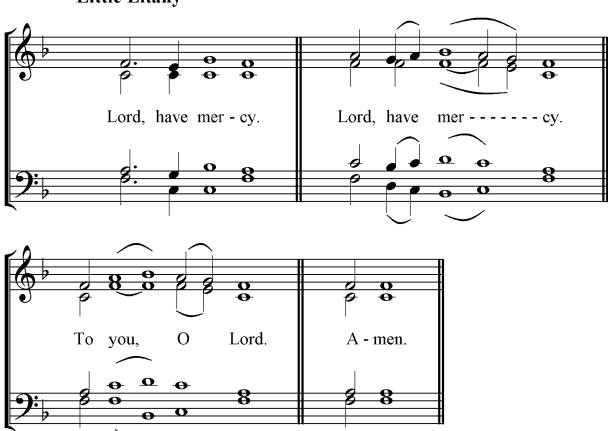
Both now and for ever, and to the ages of ages. Amen.

'Foolish is the man who is the traitor among you', you declared, forbearing Lord, to your own disciples, 'he will not know, and being without understanding, will not understand these things; but abide in me, and you will be established in faith'.



MATTINS OF HOLY THURSDAY



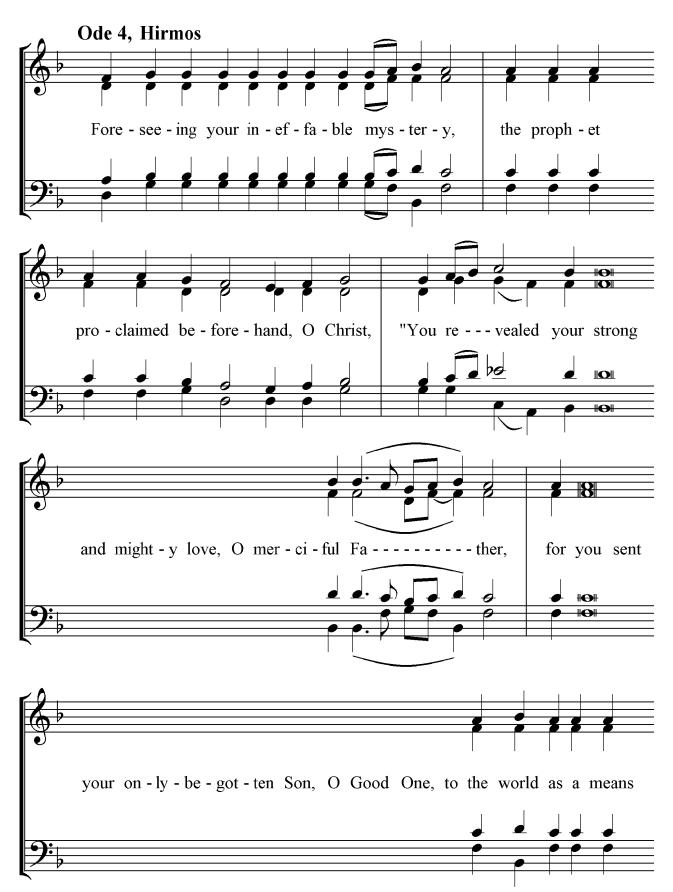


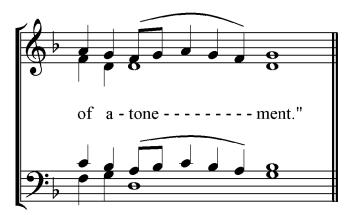












Glory to you, our God, glory to you.

As you went to your passion, the source of dispassion for all the descendants of Adam, you said to your friends, O Christ, 'I have desired to share this Passover with you, since the Father has sent me, the Only-Begotten, to the world as a means of atonement'.

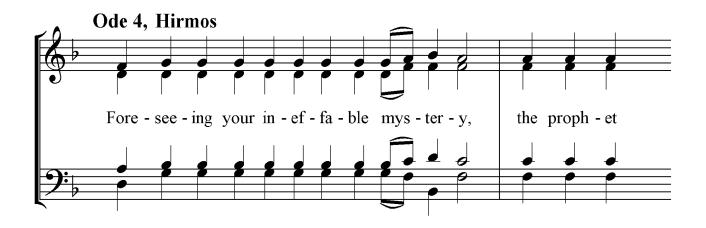
Glory to you, our God, glory to you.

As you partook of the cup with the Disciples, O Immortal, you cried, 'Now I drink no more of the fruit of the vine with you in this life; since the Father has sent me, the Only-Begotten, to the world as a means of atonement'.

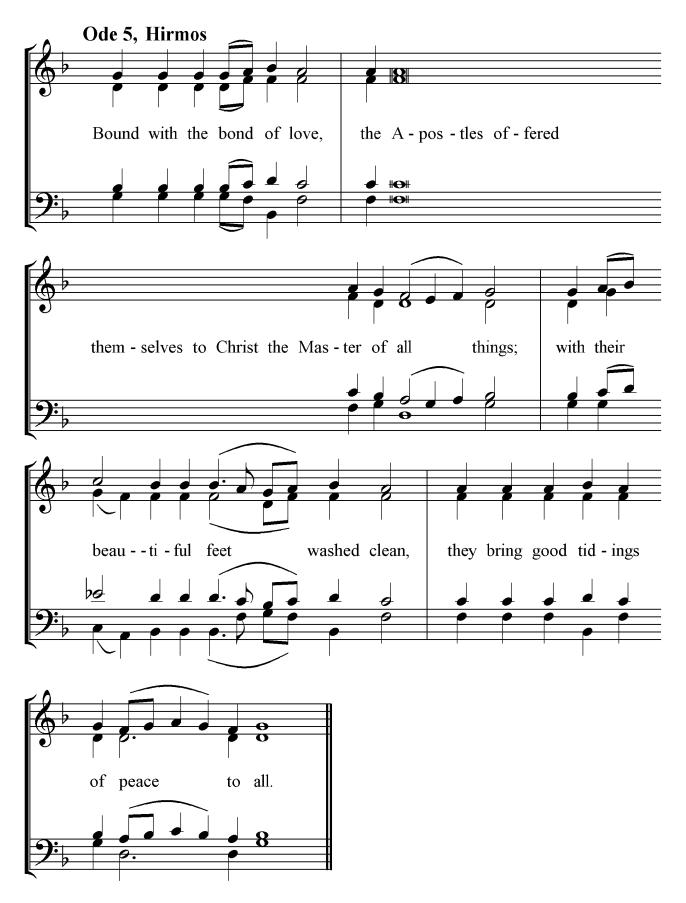
Glory to the Father, and to the Son, and to the Holy Spirit.

Both now and for ever, and to the ages of ages. Amen.

O Christ, you said to your friends, 'I say that in my kingdom I am drinking a new drink beyond understanding; for I shall be with you, God as among gods; for the Father has sent me, the Only-Begotten, to the world as a means of atonement.







Glory to you, our God, glory to you.

The Wisdom of God, who restrains the ungovernable upper water in the air, constrains the deeps and holds back the sea, pours water in a basin; the Master washes the feet of servants.

Glory to the Father, and to the Son, and to the Holy Spirit.

Both now and for ever, and to the ages of ages. Amen.

The Master shows his Disciples a model of humility; he who wraps the sky in clouds and whose hand is the life of all that is, girds himself with a towel and bends the knee to wash the feet of servants.





Glory to you, our God, glory to you.

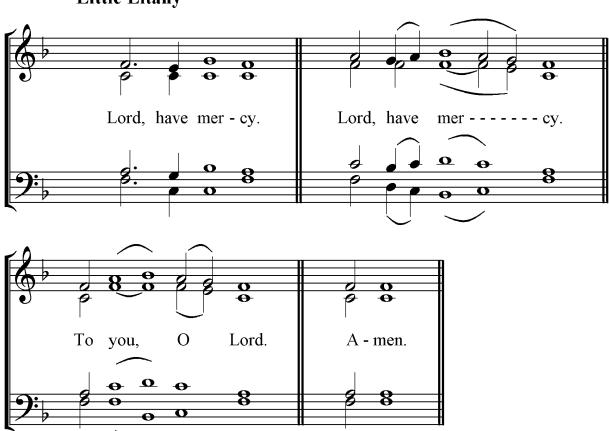
'You call me Lord and Teacher, my disciples, for so I am', you cried, O Saviour. 'And so imitate the example, the way you have seen in me'.

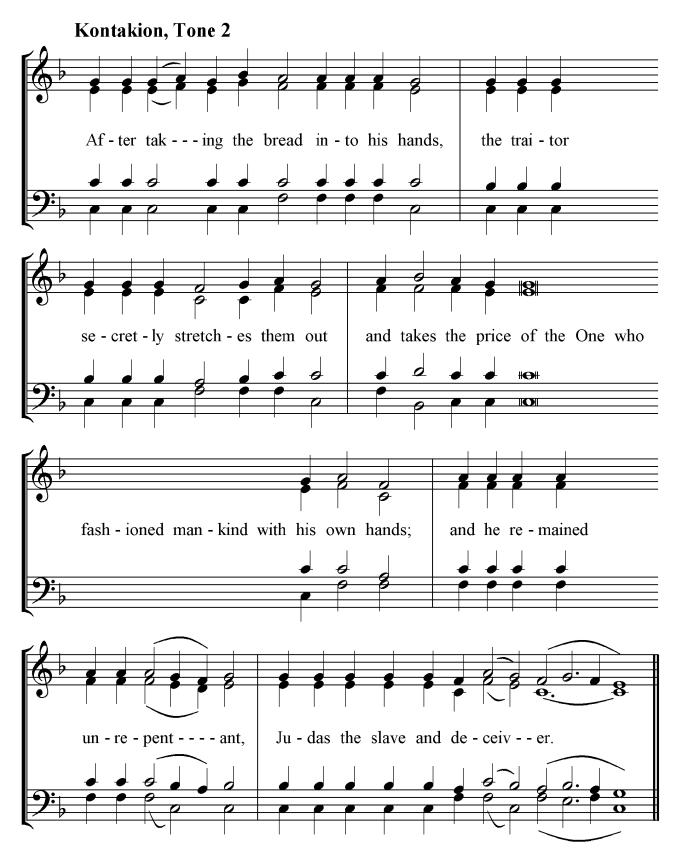
Glory to the Father, and to the Son, and to the Holy Spirit.

Both now and for ever, and to the ages of ages. Amen.

'One who has no stain does not need his feet washed. You, my disciples, are clean, but not all; for the inclination of one of you is to insane folly'.







# Oikos:

As we all draw near with fear to the mystic table, let us receive the Bread with pure souls, remaining beside the Master so that we may see how he washes the feet of the Disciples and dries them with the towel, and let us do as we have seen, being subject to one another and washing one another's feet; for Christ himself so ordered his disciples, as he declared; but he did not listen, Judas the slave and deceiver.

# Synaxarion for the day, and then:

On this day, Holy and Great Thursday, according to the order which our Holy Fathers inherited from the Holy Apostles, and the Holy Gospels, we celebrate four events: the Holy Washing of the Disciples' feet, the Mystical Supper (the institution of the Holy Mystery of the Eucharist, which we celebrate to this day), the Lord's Agony in the Garden, and his Betrayal.

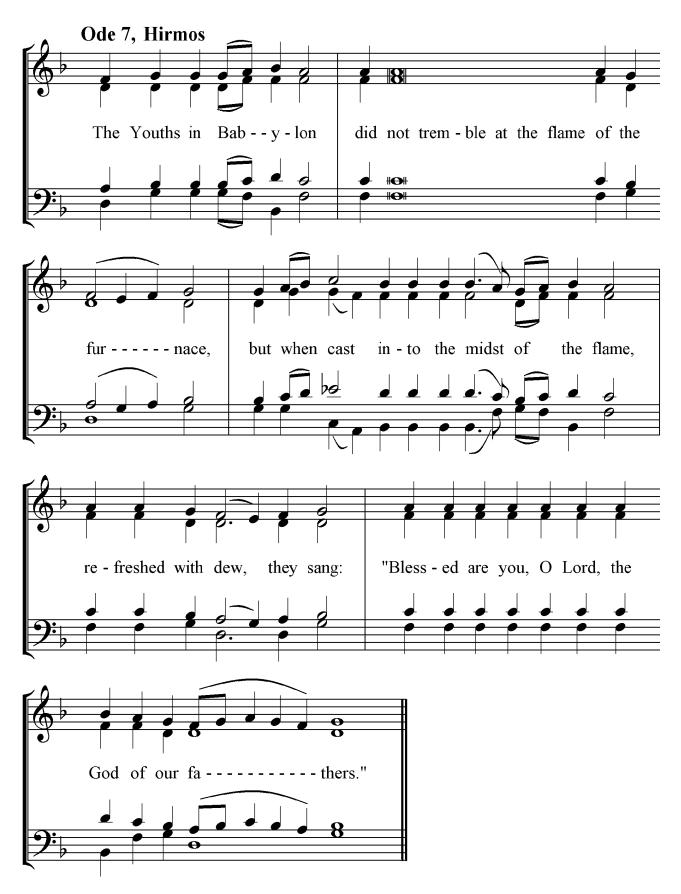
*Verses for the sacred Washing:* At evening God washed the feet of the Disciples, He whose foot once walked in Eden before dusk.

*For the Mystical Supper:* Double the Supper that Law's Pascha brings And Pascha new: the Master's Body, Blood.

*For the transcendent Prayer:* Prayer; and great terror, drops of blood, O Christ, drop from your face, as pleading to Escape from death, by this you cheat the foe.

*For the Betrayal:* What need of swords, of staves, O erring folk, Against one who longs to die for the world's release?

In your ineffable compassion, Christ our God, have mercy on us. Amen.



The Troparia:

Glory to you, our God, glory to you.

Shaking his head Judas foresaw and set evils in motion, seeking an opportunity to betray to condemnation the Judge, who is Lord of all and the God of our fathers.

Glory to you, our God, glory to you.

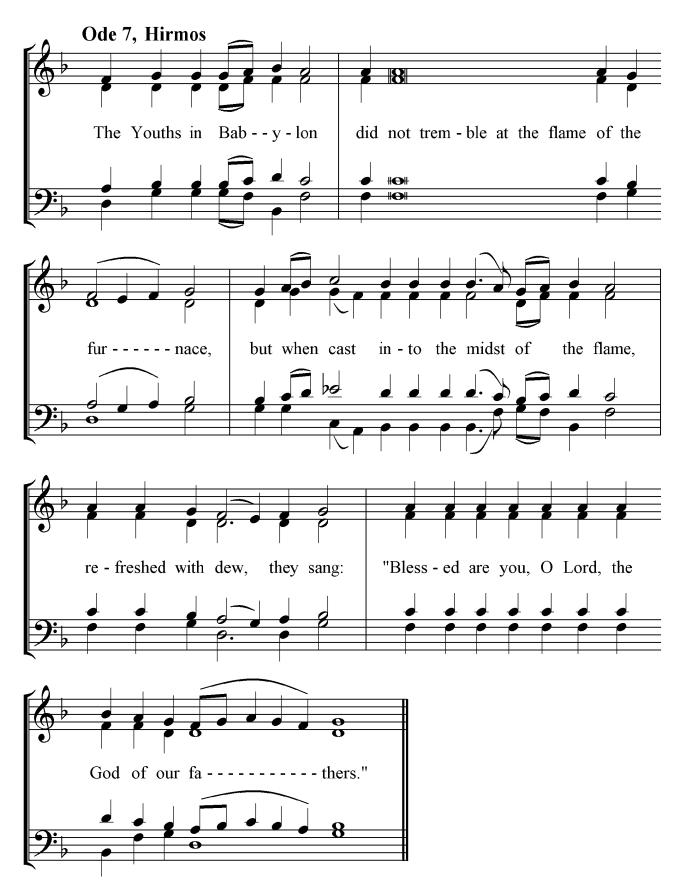
To you, his friends, Christ cried, 'One will betray me.' Forgetting gladness, they were gripped by grief and anguish. 'Who is it?' they said, 'Tell us, O God of our fathers'.

Glory to the Father, and to the Son, and to the Holy Spirit.

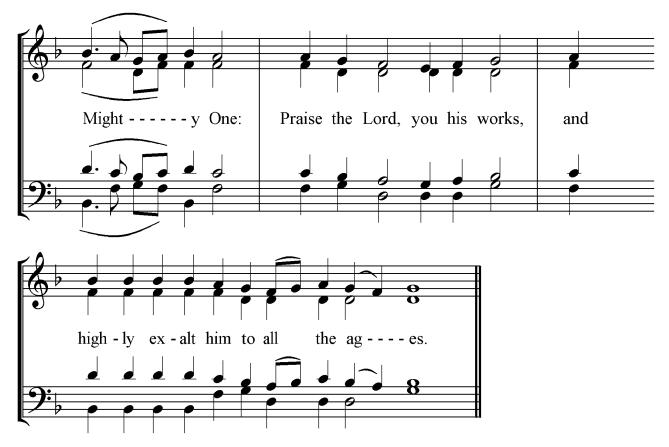
Both now and for ever, and to the ages of ages. Amen.

'The one who audaciously puts his hand in the dish with me, it were better for him that he had never passed through the gates of life'. This is the one he showed it to be, he the God of our fathers.

And again the Hirmos:







The Troparia:

Glory to you, our God, glory to you.

Feasting blessedly in Zion, remaining faithful to the Word, the Apostles followed the Shepherd like sheep, and united to Christ, from whom they were not parted, being nourished with the divine Word, with thanksgiving they cried: Praise the Lord, you his works, and highly exalt him to all the ages.

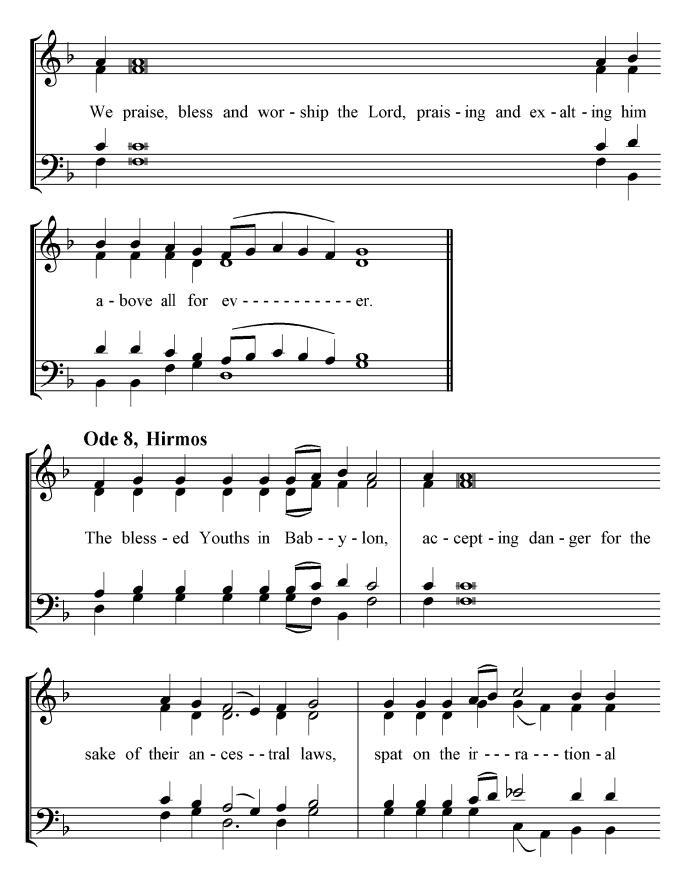
Glory to you, our God, glory to you.

The hateful Iscariot intentionally forgetting the law of friendship, made ready for betrayal the feet that he had washed. And having eaten your bread, your divine Body, he lifted up his heel against you, O Christ, and did not know how to cry: Praise the Lord, you his works, and highly exalt him to all the ages.

We bless Father, Son, and Holy Spirit, the Lord.

Both now and for ever, and to the ages of ages. Amen.

The one without conscience received the Body, release from sin, and the divine Blood, poured out on behalf of the world. He did not flinch from drinking what he had sold for a price, he was not angered by evil and he did not know how to cry: Praise the Lord, you his works, and highly exalt him to all the ages.



MATTINS OF HOLY THURSDAY





The Troparia:

Glory to you, our God, glory to you.

'Go', said the Word to the Disciples, 'and for those whom I initiate prepare the Passover in an upper place, in which the mind is established, with the unleavened word of truth; magnify the strength of grace.'

Glory to you, our God, glory to you.

The Father before the ages begets the creative Wisdom, the beginning of his ways. He created me for the works which are now being mystically accomplished; for I the Word, being by nature uncreated, make my own the speech of that which I have assumed.

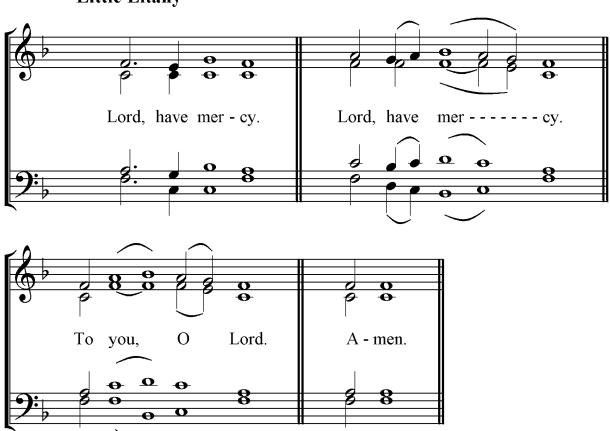
Glory to the Father, and to the Son, and to the Holy Spirit.

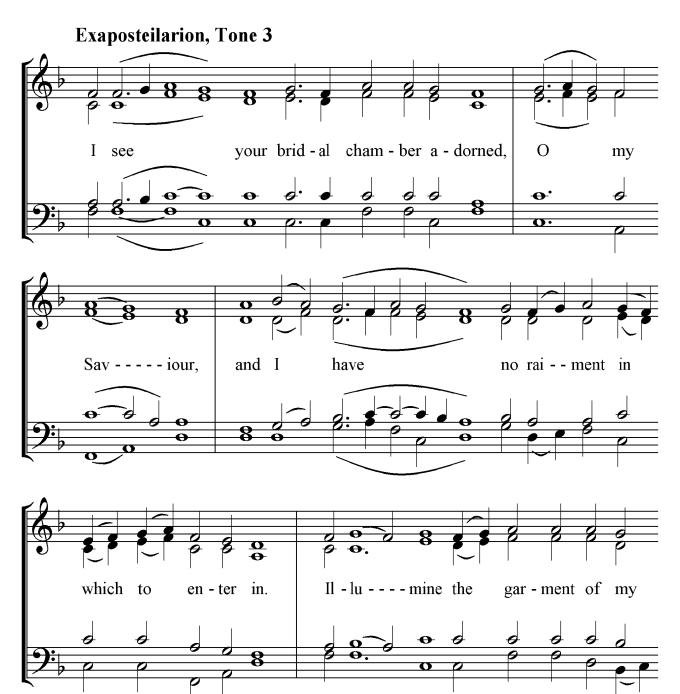
Both now and for ever, and to the ages of ages. Amen.

As I am man in reality and not in mere appearance, so the nature united to me by way of exchange is God; and so recognise me to be one single Christ who saves the things from which and in which I have come to be.

And again the Hirmos:







MATTINS OF HOLY THURSDAY



**Repeat Exaposteilarion.** 

# Then the Praises are read.

### Psalm 148:

Praise the Lord from the heavens: praise him in the highest. To you praise is due, O God.

Praise him, all his angels: praise him, all his Powers. To you praise is due, O God.

Praise him, sun and moon; praise him, all you stars and light.

Praise him, you highest heavens; and you waters that are above the heavens.

Let them praise the name of the Lord; for he spoke and they came into being; he commanded and they were created.

He established them for ever and ever; he made an ordinance, and it shall not pass away.

Praise the Lord from the earth: you sea-monsters and all deeps.

Fire and hail, snow and ice, and storm-wind, things that do his word.

Mountains and all hills; fruiting trees and all cedars.

Beasts of the wild, and all cattle; creeping things and winged birds.

Kings of the earth and all peoples; rulers and all judges of the earth.

Young men and maidens, old men and youths together, let them praise the name of the Lord; for his name alone has been exalted.

His praise is above earth and heaven; and he will exalt the horn of his people.

A hymn for all his holy ones, for the children of Israel, a people that draws near to him.

#### Psalm 149.

Sing to the Lord a new song; his praise in the congregation of the holy ones.

Let Israel rejoice in him that made him; and let the children of Zion be joyful in their king.

Let them praise his name in the dance; let them sing his praise with timbrel and with harp.

For the Lord is well-pleased with his people; he will exalt the meek with salvation.

His holy ones will exult in glory, and rejoice upon their beds.

The high praises of God will be in their throat; and two-edged swords in their hands,

To exact vengeance among the nations, punishments among the peoples.

To bind their kings in fetters; and their nobles in shackles of iron.

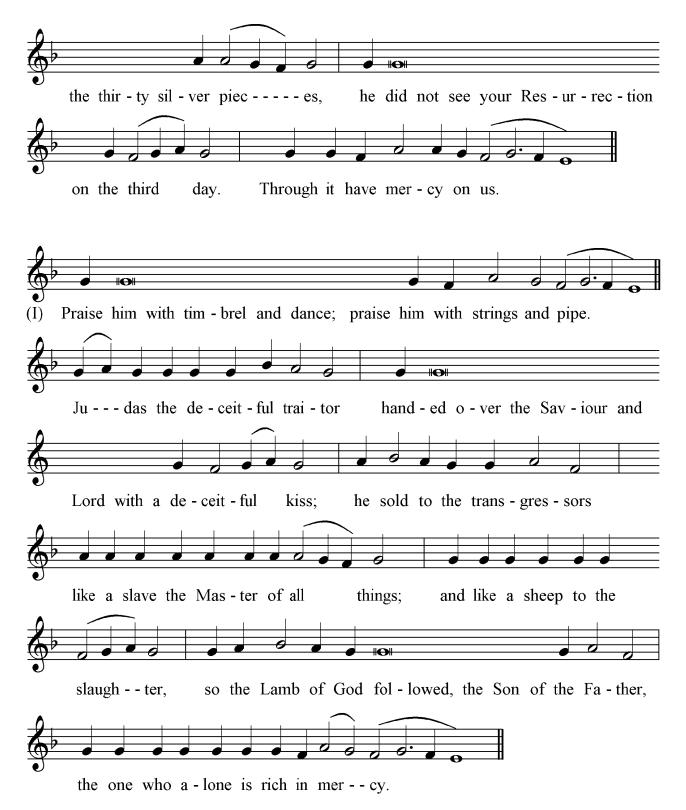
To execute upon them the judgement that is decreed: such glory will be for all his holy ones.

Psalm 150.

Praise God in his holy place; praise him in the firmament of his power. *Then the appointed four stichera are sung:* 











*Priest:* Glory to you who have shown us the light.

### The Little Doxology

### Reader:

Glory to God in the highest, and on earth peace, good will among men. We praise you, we bless you, we worship you, we glorify you, we give you thanks for your great glory. Lord, king of heaven, God the Father almighty; Lord, only-begotten Son, Jesus Christ, and Holy Spirit. Lord God, Lamb of God, Son of the Father, who take away the sin of the world, have mercy on us; you who take away the sins of the world, receive our prayer. You who sit on the right hand of the Father, have mercy on us. For you alone are holy, you alone are Lord, Jesus Christ, to the glory of God the Father. Amen.

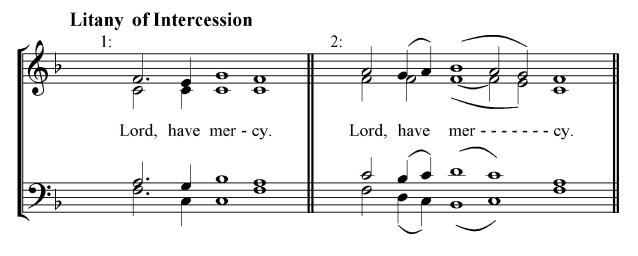
Every day I will bless you, and praise your name for ever, and to the ages of ages. Lord, you have been our refuge from generation to generation. I said: Lord, have mercy on me, heal my soul, for I have sinned against you. Lord, I have run to you for refuge; teach me to do your will, for you are my God. For with you is the source of life, and in your light we shall see light. Continue your mercy towards those who know you.

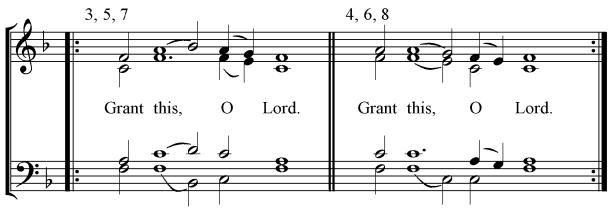
Grant, Lord, to keep us this day without sin. Blessed are you, O Lord, the God of our fathers, and praised and glorified is your name for evermore. Amen.

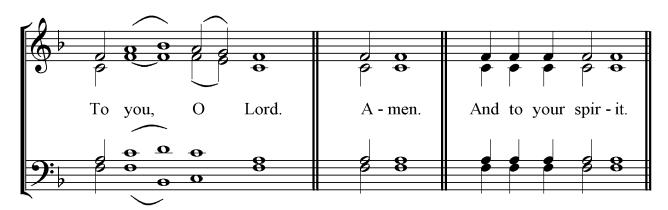
May your mercy, Lord, be upon us, as we have trusted in you. Blessed are you, Lord, teach me your statutes. Blessed are you, Master, make me understand your statutes. Blessed are you, Holy One, enlighten me with your statutes.

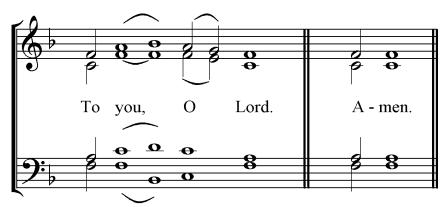
Lord, your mercy is for ever: do not scorn the work of your hands. To you is due praise, to you is due song, to you glory is due, to the Father, and to the Son, and to the Holy Spirit, now and for ever, and to the ages of ages. Amen.

Then the Litany.









Then the Aposticha are sung.

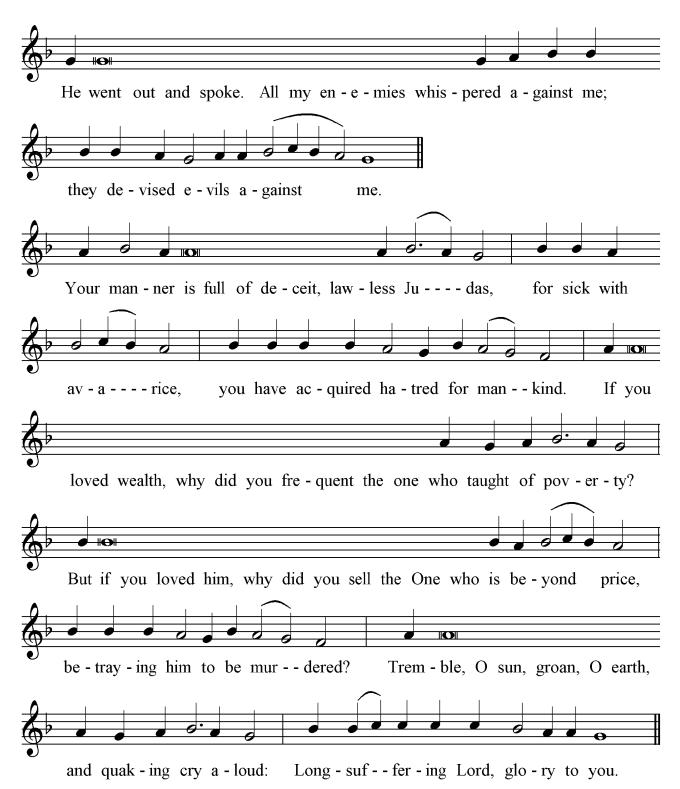


0 θ (II)He who ate my bread has lift - ed up his heel a - gainst me. To - day Ju - das con - ceals his pre - tence of love for the poor, and re-veals the form of his greed; no long - er does he care for the O no long - er does he sell the sweet oil of the sin - ful need - - y, but the heav - en - ly Sweet Oil, and from it pur - loins wom - - an, he runs to the Jews, say - ing to the the piec - es of sil - - - ver; "What are you will - ing to give me, and I will trans - gres - - - sors: hand him o - ver to you?" O the av - a - rice of the trai - - tor! He con - cludes the sale to be prof - it - a - ble; in ac - cord - ance with

MATTINS OF HOLY THURSDAY



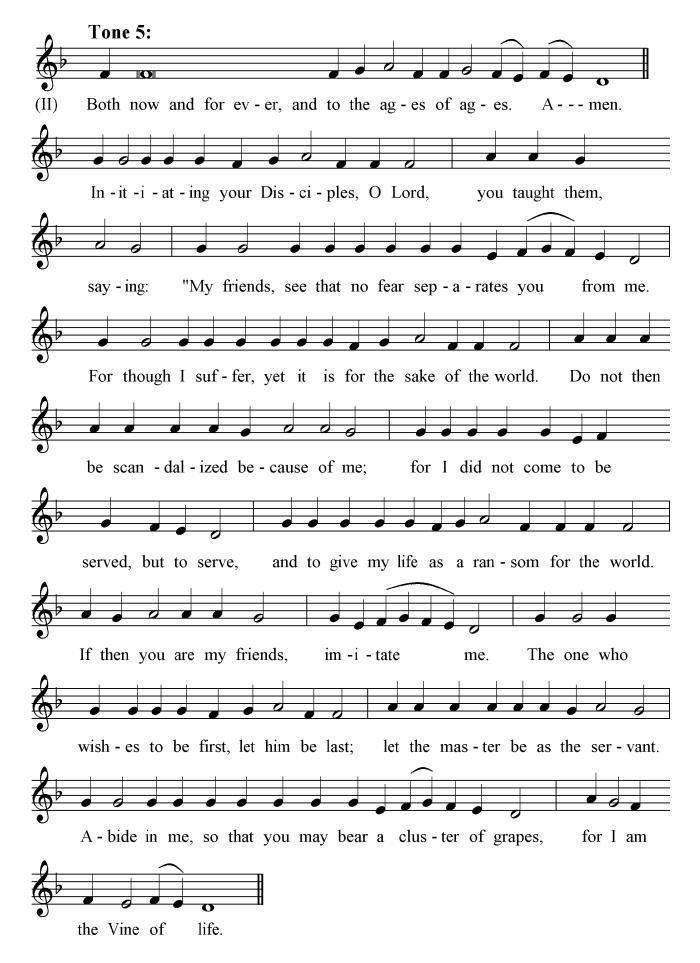
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and quak - ing cry a - loud: Long - suf - - fer - ing Lord, glo - ry to you.



# Then the Reader says:

How good to give thanks to the Lord, to sing praises to your name, O Most High. To declare your love in the morning, and your truth every night.

Holy God, Holy Strong, Holy Immortal, have mercy on us. Holy God, Holy Strong, Holy Immortal, have mercy on us. Holy God, Holy Strong, Holy Immortal, have mercy on us.

Glory to the Father, and to the Son, and to the Holy Spirit. Both now and for ever, and to the ages of ages. Amen.

All-Holy Trinity, have mercy on us. Lord, cleanse us from our sins. Master, pardon our iniquities. Holy One, visit and heal our infirmities, for your name's sake.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Glory to the Father, and to the Son, and to the Holy Spirit. Both now and for ever, and to the ages of ages. Amen

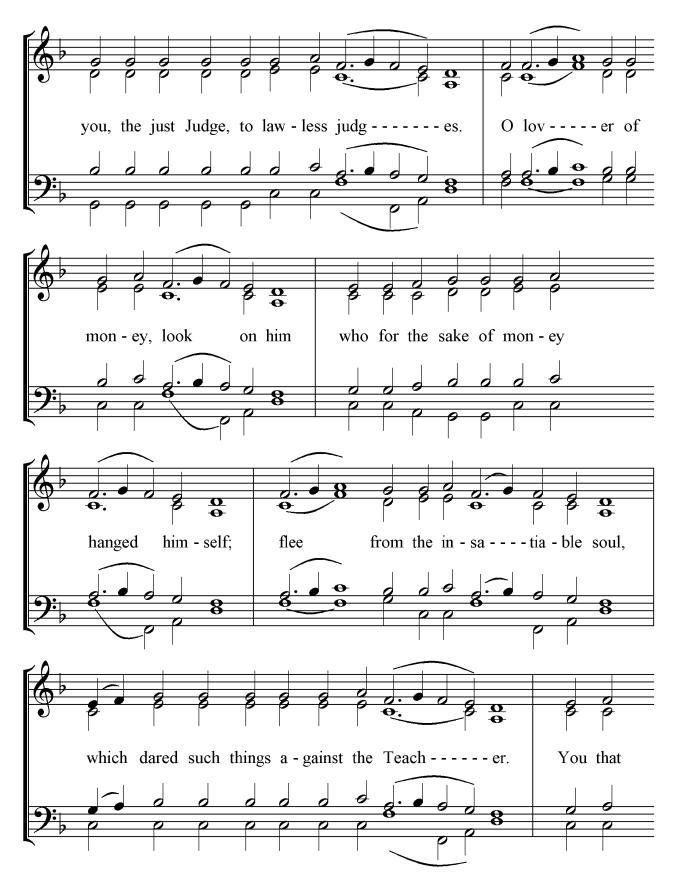
Our Father in heaven, may your name be hallowed. Your kingdom come; your will be done on earth as in heaven. Give us today our daily bread, and forgive us our debts, as we forgive our debtors. And do not lead us into temptation, but deliver us from the evil one.

*Priest:* For yours is the kingdom, the power, and the glory, of the Father, the Son, and the Holy Spirit, now, and for ever, and to the ages of ages.

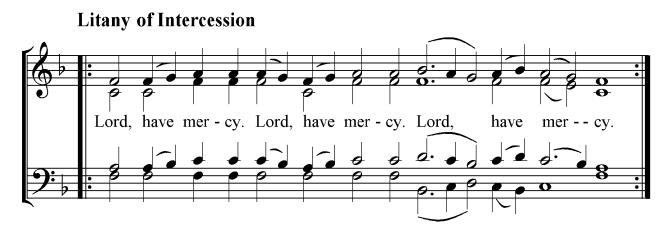
*Reader:* Amen.

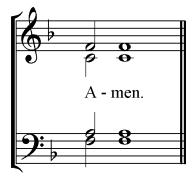
Troparion:











Dismissal:

*Deacon:* Wisdom.

*People:* Give the blessing.

*Priest:* Blessed be He Who is, Christ our God, always, now and for ever, and to the ages of ages.

*People:* Amen. Strengthen, O God, the holy Orthodox Faith of Orthodox Christians to the ages of ages.

*Priest:* Most holy Mother of God, save us.

*People:* Greater in honour than the Cherubim and beyond compare more glorious than the Seraphim, without corruption you gave birth to God the Word, truly the Mother of God, we magnify you.

*Priest:* Glory to you, Christ God, our hope, glory to you.

*People:* Glory to the Father, and to the Son, and to the Holy Spirit. Both now and for ever, and to the ages of ages. Amen.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Holy Master, give the blessing.

*Priest:* May he who through his surpassing goodness showed the most excellent way of humility, when he washed the feet of the Disciples and condescended even to the Cross and Burial for us, Christ our true God, through the prayers of his most pure Mother, of the holy, glorious and all-praised Apostles, of the holy and righteous forbears of God, Joachim and Anna, and of all the Saints, have mercy on us and save us, for he is good and loves mankind.

P e o p l e : A m e n .